

May 30, 2020

To Our Coaches and Skaters:

Beginning Tuesday, June 2nd, 2020, CIFSC will begin offering morning freestyle sessions at Buccaneer Arena. In order to try and ensure the safety of all participants, a number of changes have been made:

All Coaches and Skaters entering the ice must sign the Des Moines Buccaneers' "WAIVER/RELEASE FOR COMMUNICABLE DISEASES INCLUDING COVID-19" and return to Coach Burton Powley or Richard Harms. This must be printed and signed before you enter the arena, for safety we will not be providing shared pens.

All Coaches and Skaters must adhere to the "DES MOINES BUCCANEERS SAFETY GUIDELINES AND PROTOCOLS" when present in their facility.

Failure to comply with the Des Moines Buccaneers Safety Guidelines and Protocols, or CIFSC's rules regarding freestyle registration and usage will result in denial of freestyle ice usage.

- **The fee for Members and Associate Members will all be \$15/session.**
- **Two sessions will be offered each morning, 6 AM – 7 AM and 7 AM to 8 AM. There will be a maximum of 12 Skaters permitted per session.**
- **Ice MUST be purchased in advance of the scheduled session. We will NOT accept payment at the arena.**
- **Purchasing of sessions are ONLY be available through our website at:**
<https://www.centraliowafsc.org/pages/Freestyle/Purchase-Ice-for-CIFSC-Members/>
- **No refunds will be given after freestyle is purchased on CIFSC's website.**

- **Until 24 Hours before the schedule start of the session, registration for the session will ONLY be available to Full CIFSC Members and LTS USA Members registered by CIFSC that have scheduled lessons with their Coach.**
- **24 Hours before the scheduled start of the session, registration will be available to ALL Full CIFSC Members, Associate CIFSC Members and LTS USA Members registered by CIFSC.**
- **Visiting Non-CIFSC Members may not purchase freestyle sessions at this time.**
- **To comply with the Buccaneers' requirements all Skaters MUST be supervised by their coach on the ice. If you coach is not present, you may not utilize freestyle ice. (All activities must "remain instructional based and not a free-skate or open skate format.")**
- **Remote Coaching by audio or video will not be permitted.**

- **You may arrive no more than 15 minutes before the scheduled session time and must exit the building within 15 minutes after completion of your scheduled session time.**
- **Parents or guardians may enter the building with their child to facilitate entering and exiting the ice but are NOT permitted to remain in the building during the session.**
- **For Parents, the Coach will contact you when your Skater's lesson is complete, and you may then re-enter the building to help prepare them to leave.**

- **Personal items such as water bottles, towels and Kleenex MUST be labeled** with the Coach's or Skater's name.
- **All Skaters MUST maintain 6 foot distance from other Skaters.**
- **Masks are recommended for Skaters and Coaches.**
- **All Coaches and Skaters may be subject to temperature screening** before entering the ice.

At this time, we are not accepting memberships (new, introductory or transfers) for the remaining portion of the 2019-20 USFS Season. Beginning in late June, membership will be available for purchase for the 2021-21 USFS Season.

Parents, please review the Des Moines Buccaneers Safety Guidelines and Protocols and CIFSC's rules regarding freestyle usage with your Skater.

Updates to this document will be posted on CIFSC's website and Members will be notified by email when new updates are posted. If this is successful, we hope to be able to relax these rules over time.

Example Timeline for Registration

CIFSC schedules a freestyle session for Tuesday, June 2nd, 2020 from 6 AM to 7 AM and is available on the Freestyle page on our website.

From the time that it is posted until Monday, June 1st, 2020 at 6 AM, registration is reserved for Full CIFSC Members and LTS USA Members that have scheduled lessons with their Coach.

Beginning Monday, June 1st, 2020 at 6 AM, all Full CIFSC Members, Associate CIFSC Members and LTS USA Members, whose Coaches will be present for the session, may then register.

When a maximum of 12 Skaters is reached no more will be permitted.

PLEASE verify with your Coach that they will be present! If they are not, you will be denied entry.

Special Notes for Coaches

If you have a student scheduled during a scheduled freestyle session, as always, you will not be charged to utilize the ice, as is traditional with CIFSC. If you wish to use a session solely for your personal practice, you **MUST** register for that session on our website and you will be asked to pay the standard \$15 fee.

Coaches are expected to follow US Figure Skating "Returning to the Rink" guidelines as close as possible.

The Des Moines Buccaneers are requiring us to submit a roster of participants for our scheduled freestyle times. **Before attending a freestyle session, you must visit the following website and submit your name and the date of the freestyle session you will be attending:**

Website: <https://forms.gle/5EhHjwqzBHkFyDkB8>



DES MOINES BUCCANEERS
7201 HICKMAN ROAD
URBANDALE, IA 50322
515.278.2827

www.BUCSHOCKEY.com

DES MOINES BUCCANEERS SAFETY GUIDELINES AND PROTOCOLS

OVERVIEW

- The Des Moines Buccaneers will continue to follow the guidance of CDC, Iowa Department of Public Health (IDPH) and Polk County Health (PCH), as well as the directives of USA Hockey.
- The Buccaneers will designate President, Nate Teut to communicate with rink management and monitor CDC, IDPH and PCH websites for updates or changes to relevant guidelines.
- The safety of our employees and customers remain to be our utmost importance.

RINK

Buccaneer staff has put the following in place at Buccaneer Arena –*some protocol is subject to change*

- On June 1st Buccaneer Arena will reopen, but only at 50% legal capacity and will take reasonable measures to ensure social distancing of employees and patrons, increased hygiene practices, and public health measures to reduce the risk of transmission of COVID-19 consistent with the CDC, IDPH and PCH.
- Buccaneer Arena will enforce a “DRESS & PLAY” policy for all ice participants. Locker Rooms will not be available. Players that come dressed in full equipment will have a designated area on the EAST concourse with marked benches enforcing social distancing guidelines to put on skates. Each designated area will be disinfected after each use. 15-minute arrival/exit times are put in place to help with limited traffic flow.
- Teams are permitted to enter the building no earlier than 15 minutes before scheduled ice time and must leave the arena no longer than 15 minutes after practice or game.
- Currently, Parents and Spectators will not be allowed to attend practice or games inside Buccaneer Arena – ***THIS IS SUBJECT TO CHANGE AND UPDATES WILL BE COMMUNICATED***
- The Lounge at Buccaneer Arena will be closed for all practices and games until further notice
- OUTSIDE Alcohol IS PROHIBITED from entering Buccaneer Arena
- Currently, food and beverage will not be served at Buccaneer Arena until further notice
- Buccaneer Arena has a traffic flow plan that directs participants through a designated entrance (Southeast Lobby) and designated exit point (Northeast doors). Wayfinding signage as well as proper social distancing signage is placed within the facility to adhere to current national and local mandates.
- Buccaneer Arena has proper COVID-19 prevention supplies for rink staff, team staff and participants. Hand sanitizer stations that contains at least 60% alcohol have been put in place. Thermometer readings will be given to all staff prior to entering the building.
- Buccaneer Arena restrooms have been labeled with preferred CDC signage for hand washing with an adequate supply of hand soap and disposable towels. Restrooms will be monitored and refilled as needed.

- In addition to normal cleaning and disinfecting procedures already in place, Buccaneer Arena will disinfect high traffic areas/ high touch surfaces including but not limited to door handles, railings, benches, restrooms and countertops during and after each day of camp.
- Buccaneer Arena has posted signage reinforcing social distancing and illness prevention measures that adheres to CDC and IDPH guidelines.

COACHES/PARTICIPANTS

- All participants and family members are required to stay home if they are sick or have been in contact with any known positive COVID-19 cases.
- Coaches are required to submit a roster of all players/participants for scheduled ice time.
- All participants are required to bring individual water bottles and towels if applicable.
- Coaches are encouraged to practice social distancing guidelines to the best of their ability while on the ice.
- Participants with risk factors or illnesses that increase their susceptibility to COVID-19 will not be allowed to participate in any on ice activities.
- Encourage participants to avoid touching their eyes, nose, or mouth with unwashed hands.
- Cover their nose and mouth when coughing and/or sneezing with a tissue or flexed elbow.
- Players should not hug or celebrate on the ice in close proximity; encourage fist bumps after goals.



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WAIVER/RELEASE FOR COMMUNICABLE DISEASES INCLUDING COVID-19

ASSUMPTION OF RISK / WAIVER OF LIABILITY / INDEMNIFICATION AGREEMENT

In consideration of being allowed to participate on behalf of the Des Moines Buccaneers Hockey Club and related events and activities, the undersigned acknowledges, appreciates, and agrees that:

1. Participation includes possible exposure to and illness from infectious diseases including but not limited to MRSA, influenza, and COVID-19. While the Des Moines Buccaneers have implemented and continue to adhere to CDC, Iowa Department of Public Health and Polk County Health cleaning, disinfecting and social distancing guidelines, and while practicing personal discipline may reduce this risk, the risk of serious illness and death does exist; and,
2. I KNOWINGLY AND FREELY ASSUME ALL SUCH RISKS, both known and unknown, EVEN IF ARISING FROM THE NEGLIGENCE OF THE RELEASEES or others, and assume full responsibility for my participation; and,
3. I willingly agree to comply with the stated and customary terms and conditions for participation as regards protection against infectious diseases. If, however, I observe and any unusual or significant hazard during my presence or participation, I will remove myself from participation and bring such to the attention of the nearest official immediately; and,
4. I, for myself and on behalf of my heirs, assigns, personal representatives and next of kin, HEREBY RELEASE AND HOLD HARMLESS the Des Moines Buccaneers Hockey Club their officers, officials, agents, and/or employees, other participants, sponsoring agencies, sponsors, advertisers, and if applicable, owners and lessors of premises used to conduct the event ("RELEASEES"), WITH RESPECT TO ANY AND ALL ILLNESS, DISABILITY, DEATH, or loss or damage to person or property, WHETHER ARISING FROM THE NEGLIGENCE OF RELEASEES OR OTHERWISE, to the fullest extent permitted by law.

I HAVE READ THIS RELEASE OF LIABILITY AND ASSUMPTION OF RISK AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND SIGN IF FREELY AND VOLUNTARILY WITHOUT ANY INDUCEMENT.

Name of participant: _____

Participant signature: _____

Date signed: _____

FOR PARTICIPANTS OF MINORITY AGE (UNDER AGE 18 AT THE TIME OF REGISTRATION)

This is to certify that I, as parent/guardian, with legal responsibility for this participant, have read and explained the provisions in this waiver/release to my child/ward including the risks of presence and participation and his/her personal responsibilities for adhering to the rules and regulations for protection against communicable diseases. Furthermore, my child/ward understands and accepts these risks and responsibilities. I for myself, my spouse, and child/ward do consent and agree to his/her release provided above for all the Releasees and myself, my spouse, and child/ward do release and agree to indemnify and hold harmless the Releasees for any and all liabilities incident to my minor child's/ward's presence or participation in these activities as provided above, EVEN IF ARISING FROM THEIR NEGLIGENCE, to the fullest extent provided by law.

Name of parent/guardian: _____

Parent guardian/signature: _____

Date signed: _____