



# Central Iowa Figure Skating Club

## NEWSLETTER MARCH 2019

### *News You Can Use!*

*We currently have 110 club members!*

**SAVE THESE DATES!**

#### **Learn to Skate Calendar Session Dates**

##### **Session 4**

Wednesdays: **5:30 - 6:30 PM**

**Feb. 20, 27; March 6, 13, 20, 27**

Saturdays: **3:00 - 4:00 PM**

**March 2, 9, 16, 30, April 6, April 13 at 6:15pm**

##### **Session 5**

Wednesdays: **5:30 - 6:30 PM**

**April 3, 10, 17, 24; May 1, 8**

Saturdays: **3:00 - 4:00 PM**

**April 20, 27; May 4, 11, 25; June 1**

*\*We are trying to book ice for Summer Classes at Metro. But they are not accepting bookings at this time.*

Check our skating calendar on our website for updated skating dates and times:

<https://www.centraliowafsc.org/pages/Freestyle/Schedule>

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### QUESTIONS AND ANSWERS

**Q: How do I get involved in helping the club to grow?**

A: We currently have open positions on our board of directors. We would love some new board members! Volunteering is an important need for our club. We rely on our volunteers to keep things running smoothly and keep the costs down. Ask our President, Burton Powley how you can help. ***Please check your email frequently for volunteer requests and important notices in your email box.***

**Q: How do I get private lessons?**

A: Speak to one of our coaches. Private lessons are a good way to improve particular skills or prepare for competitions & shows.

**Q: How often should I skate?**

A: 3 times a week is best to show steady progress.

**Q: Where do I buy skates?**

A: Ask Coach Burton or Elena. Good used skates are available and we have catalogs for new ones. Skaters learn faster and safer on better equipment.

**Q: How often should I sharpen my skates? And where?**

A: Skates should be sharpened about every other month to wear evenly and prevent rust. If you see any signs of rust, have them sharpened as soon as possible to protect your investment. Coach Burton sharpens skates for \$10. Or ask Coach Igor for his pricing and availability.

**Q. How do I get the most up to date information?**

A. Check our club website at: <http://www.centraliowafsc.org>  
Or FACEBOOK: [www.facebook.com/iowafigureskating](http://www.facebook.com/iowafigureskating)

*There is a wealth of information and monthly skating calendar posted on our website. Coaches contact information, used skates section, photo gallery and much more! Check it out! [www.centraliowafsc.org](http://www.centraliowafsc.org)*

## PRIVATE LESSONS

Take your skating to the next level!  
Coaches, Elena, Igor, Burton, Inna, Dylan and Joey  
are accepting new students!

We are proud that our coaches have received the  
Award of Excellence from The Professional Skaters Association  
for having all our coaches Certified Level A.

Contact your coach of choice for more information.

Burton Powley – [burtonpowley74@gmail.com](mailto:burtonpowley74@gmail.com)  
Elena and Igor - [kotmul@inbox.ru](mailto:kotmul@inbox.ru)  
Inna - [innahdance@gmail.com](mailto:innahdance@gmail.com)  
Dylan Perkins - [perkinsdylan6915@gmail.com](mailto:perkinsdylan6915@gmail.com)  
Joey Millet - [jomillet33@gmail.com](mailto:jomillet33@gmail.com)

## EVENTS & COMPETITION CALENDAR – DEADLINES

- EIFSC Cedar Rapids April 6-7 Deadline closed
- Coralville Spring Show – May 4<sup>th</sup> (ask at arena for entry form)
- Central Iowa FSC Spring Show May 18, 2019 – deadline  
April 18 Buccaneer Arena 3-5pm (may start earlier)
- Hawkeye FSC - Coralville test session (late May date  
TBD)
- Heart of America competition June 7-9, 2019  
<http://www.silverblades.org/hoa.html>  
Kansas City Ice Center  
19900 Johnson Drive, Shawnee, KS 66213  
[HOA@silverblades.org](mailto:HOA@silverblades.org)
- State Games of America July 30- August 4, 2019  
Deadline June 1, 2019  
<http://stategamesofamerica.com/figureskating2019>

*Primary Arena* -Liberty University  
LaHaye Ice Center, Lynchburg, VA

*Secondary Location* -Lancerlot Sports Complex  
1110 Vinyard Rd, Vinton, VA

- Iowa Summer Games – Figure Skating  
<https://www.iowagames.org/event/summer-iowa-games/figure-skating/>

Saturday, July 27, 2019 deadline June 26, 2019

Ames ISU Ice Arena

## MESSAGE FROM CLUB PRESIDENT BURTON POWLEY

We know there has been a lot of changes being made recently.  
Especially regarding Ice Ticket Purchase Policies and New  
Learn to Skate Coaches and curriculum.

The club policy going forward regarding parents on the ice or  
in the coaches/players boxes during freestyle times is as  
follows:

Only those parents that are using video technology lesson with  
an APPROVED coach are allowed in the coaches/players boxes.  
This is to eliminate distractions from those doing lessons with  
a coach and those in practice. If you wish to put on skates and  
participate or supervise small children, then you are allowed if  
you pay for ice time. However, all the coaches and board  
members agree this is what they will allow.

We appreciate your patience while we work towards  
improving the experience for all skaters. We want this to be  
safe and fun experience for everyone.

We have board meetings every month. Any member is  
welcome to attend and offer suggestions. And participate in  
the discussion.

## SPRING SHOW 2019 PEACE, LOVE, SKATE SAT MAY 18 BUCCANEER ARENA 3-5PM (MAY START EARLIER) DEADLINE APRIL 18

Check out the link below to stay up on the latest information.  
<https://www.centraliowafsc.org/pages/events/2019-Spring-Show/>  
entry form available on line or check your email.

There will be a Bucs game immediately after the show. So we  
need to well organized and end on time! We would also like to  
organize an after-show party, location to be determined.

We need lots of volunteers to help! Please contact  
Coach Inna [innahdance@gmail.com](mailto:innahdance@gmail.com)  
or Faye Senne [fayetoddsenne@hotmail.com](mailto:fayetoddsenne@hotmail.com)  
if you would like to help!